








模式切换	按 键		运控切换	按 键	
零力矩	L2 + Y	★	③ 走跑运控	R2 + A	▲
① 阻尼	L2 + B	★	L 低速 / 高速	R2 + ( / )	★
② 锁定站立	L2 + 	★	常规运控	R1 + X (单腰) / Y (三腰)	▲
⑤ 躺 -> 站	L2 + X	★	L 低速 / 高速	双击 L2 / L1	★
④ 落座	L2 + 	▲	交互功能	按 键	
⑥ 蹲 <-> 站	L2 + A	▲	L 握手	SELECT + A	★
III. 躺倒开机：开机 - ① - ⑤ - 演示 - ⑥ - 关机 IV. 蹲姿开机：开机 - ① - ⑥ - 演示 - ⑥ - 关机 V. 座椅开机 (推荐)：开机 - ① - ② - ③ - 演示 - ④ - 关机 Tips：② - ③过程需要人扶直站立			L 挥手	SELECT + Y	★
			L 转身挥手	SELECT + X	★
			I. ★ 代表短按一次生效, ▲ 代表长按 2 秒生效 II. 运控状态下长按 5 秒 ①, 设备进入阻尼保护状态		

Mode	Button		Motion Control Switching	Button	
Zero Moment	L2 + Y	★	③ Running Mode	R2 + A	▲
① Damping	L2 + B	★	L Low/High Speed	R2 + ( / )	★
② Locked Standing	L2 + 	★	Regular Mode	R1 + X (1-DoF Waist) / Y (3-DoF Waist)	▲
⑤ Lie -> Stand	L2 + X	★	L Low/High Speed	Double Click L2 / L1	★
④ Seated Mode	L2 + 	▲	Interactional	Button	
⑥ Squat <-> Stand	L2 + A	▲	L Handshake	 + A	★
III .Lie down and turn on: Turn On → ① → ⑤ → Demo → ⑥ → Turn off IV. Squat position turn on: Turn On → ① → ⑥ → Demo → ⑥ → Turn off V. Seat power on (recommended): Turn On → ① → ② → ③ → Demo → ④ → Turn off Tips: ② and ③ require manual assistance to help the robot stand upright			L Wave Hand	 + Y	★
			L Turn Around and Wave Hand	 + X	★
			I. ★ a single short press to activate ▲ a long press for 2 seconds to activate II. In motion control mode, long-pressing button ① for 5 seconds enter damping protection mode		